






DAILY READINGS

Welcome to our July 2023 reading plan! We will be diving deeply into the book of Ephesians this year and as we navigate it we will also explore different passages of the Bible that increase our understanding of the Gospel and how it's truth affects how we live day to day. Before you read each day meditate on Ephesians 4:1-3 , pray for one person to know Christ  and pray for one person to grow in Him .

Memorization & Meditation:

"I therefore, a prisoner for the Lord, urge you to walk in a manner worthy of the calling to which you have been called, with all humility and gentleness, with patience, bearing with one another in love, eager to maintain the unity of the Spirit in the bond of peace." – Ephesians 4:1-3

[July 1] Spend some time praying this week's prayer (Ephesians 3:14-21) over yourself and the people in your life.

WEEK 1

Sunday, July 2nd

- [3] Ephesians 3:14 | Look back at Ch 1&2 – what is the “this reason” Paul is referring to that is leading him to bow down to the Father?
- [4] Ephesians 3:15 | God is Father/Creator of all people on the earth! How should this shape your daily interactions with people, both those you know and those you don't?
- [5] Ephesians 3:16 | When you hear the phrase “the riches of his glory” what comes to mind?
- [6] Ephesians 3:17-19 | How long have you been walking with Jesus? How has your understanding of the depths of the love of God grown as you've continued to walk with Him?
- [7] Ephesians 3:20-21 | The NIV says, “Now to him who is able to do immeasurably more than all we ask or imagine.” What are some ways that we limit God or lower our expectations of Him?
- [8] Spend some time in prayer today asking God to raise your expectations of Him. Ask Him to show you what He means by “immeasurably more.”

WEEK 2

Sunday, July 9th

- [10] Ephesians 3:14-21 | We've spent a lot of time in this passage. What stands out to you now as you read this prayer one more time?
- [11] Ephesians 6:18 | Paul encourages us to pray as a key strategy in fighting spiritual warfare – not just for ourselves but for all the saints! Spend some time today praying for the Saints around the world just as Paul has been praying for them in Ephesians 3.
- [12] Hebrews 7:25 | Jesus is always praying for us (interceding)! He is always advocating. How does this make you feel? Spend some time thanking Jesus for being your advocate!
- [13] Consider a time when you received prayer from someone else, maybe it was at Antioch or somewhere else – how did it go? Were you encouraged? Did it bless you?
- [14] Revelation 5:8 | The prayers of the saints are a beautiful aroma to God! What value do you place on prayer as part of your walk with God – both prayer for yourself and others? Is that an area where God might be calling you to grow?
- [15] Spend some time in prayer today – start by sitting quietly and asking Jesus to bring to mind what you should pray about – then write down what comes to mind and pray over those things.

WEEK 3

Sunday, July 16th

- [17] Ephesians 4:1-6 | What stands out to you as you read this passage?
- [18] Ephesians 4:1 | What is the calling to which we have been called that Paul is referring to?
- [19] Ephesians 4:1-2 | Where in scripture do you see Jesus modeling these traits we're called to live by?
- [20] Ephesians 4:3 | The Holy Spirit brings unity and peace! How have you experienced this in your own spiritual walk?
- [21] Ephesians 4:4-6 | Why is this idea of “One” important? How does the enemy pull us toward division more than unity?
- [22] Spend some time in prayer today for our local body, Antioch. Pray for unity amongst each other, and for people (including yourself) to live out Ephesians 4:2-3.

WEEK 4

Sunday, July 23rd

- [24] Ephesians 4:7-16 | What stands out to you as you read this passage?
- [25] Ephesians 4:7-10 | How do you see the generosity of Jesus in this passage?
- [26] Ephesians 4:11-12 | Verse 12 says that you are a saint, being equipped for the work of ministry. How does this make you feel? Take an honest assessment of your life - is your life and ministry building up the body of Christ?
- [27] Ephesians 4:13-14 | What is the difference between spiritual maturity and immaturity?
- [28] Ephesians 4:15-17 | What do you think it means to speak the truth in love? Is this an area you excel in or an area for growth in your life?
- [29] Spend some time in prayer and ask the Lord to show you how He has gifted you to serve the body of Christ.

WEEK 5

Sunday, July 30th

- [31] Ephesians 4:17-32 | What stands out to you as you read this passage?



Pray for one person to grow in Christ this week.



Pray for one person to know Christ this week.

Got a question? We'd love to be a resource! Email us at info@antiochcountryside.com