




August

DAILY READINGS

Welcome to our August 2023 reading plan! We will be diving deeply into the book of Ephesians this year and as we navigate it we will also explore different passages of the Bible that increase our understanding of the Gospel and how it's truth affects how we live day to day. Before you read each day meditate on Ephesians 4:15 , pray for one person to know Christ  and pray for one person to grow in Him .

Memorization & Meditation:

“Rather, speaking the truth in love, we are to grow up in every way into him who is the head, into Christ.” – Ephesians 4:15

WEEK 1

- [1] August 1] Ephesians 4:7-8 | Why do you think that God gave us different gifts instead of the same gifts?
- [2] Ephesians 4:9-10 | Paul takes a moment to remind us of the Gospel and Christ's authority – why do you think he does that here?
- [3] Ephesians 4:11-12 | Look at the list of roles in v. 11 – look up a definition for each of them.
- [4] Ephesians 4:12 | How does Jesus use our diversity (in addition to our unity) to build up the body of Christ?
- [5] Spend some time in prayer today reflecting on what you've learned through the reading plan in Ephesians so far. Would you consider sharing with the staff team what you learned?



Scan this QR code or email us at info@antiochcountryside.com to tell us what you've learned!

WEEK 2

Sunday, August 6th

- [7] Ephesians 4:13-16 | What stands out to you as you read this passage?
- [8] Ephesians 4:13 | Attain means “to succeed in achieving.” What do you think Paul meant in saying we should all succeed in achieving “mature manhood” in this verse?
- [9] Ephesians 4:14 | Have you ever felt tossed about spiritually like this verse describes? What was that like? What helped you to find solid ground?
- [10] Ephesians 4:15 | Have you ever had anyone speak hard but loving truth to you? Have you ever had that role in someone else's life? What was that like?
- [11] Ephesians 4:16 | A healthy body grows – a healthy church body grows in love! How have you experienced this in your time as a part of the body of Christ?
- [12] Spend some time in prayer today asking Jesus to grow you in your spiritual maturity. Invite Him to take you deeper than you've been before, to bring you to a new understanding of Him.

WEEK 3

Sunday, August 13th

- [14] Ephesians 4:17-32 | What stands out to you as you read this passage?
- [15] Ephesians 4:17 | How do you see Paul's description of Gentiles walking “in the futility of their minds” playing out in our culture today?
- [16] Ephesians 4:18-19 | What do you think is the biggest difference between your understanding of the world around you before you became a believer and afterwards? What was your biggest shift in thinking?

- [17] Ephesians 4:20-22 | Also read Colossians 3:1-11. What similarities do you see in the two passages?
- [18] Ephesians 4:23-24 | What does it look like practically to be renewed in the spirit of your mind?
- [19] Spend some time in prayer today for anyone you know who is not walking with Jesus. Ask Him to soften their hardness of heart and draw them to Himself.

WEEK 4

Sunday, August 20th

- [21] Ephesians 4:17-32 | What stands out to you as you read this passage? Is it different than what stood out to you last week?
- [22] Ephesians 4:25 | How does being “members of one another” change the way we should engage with our fellow believers?
- [23] Ephesians 4:26-27 | What do you think it means to “give no opportunity to the devil”?
- [24] Ephesians 4:28-29 | Do you keep short accounts when you are angry or frustrated with someone or do you let conflict drag out? What is this verse calling you to?
- [25] Colossians 3:12-17 | How does this passage compare to the one in Ephesians? What stands out to you?
- [26] Spend some time in prayer today asking the Lord to help you walk in the way of Christ. Confess any sin He brings to mind and lean into the forgiveness and freedom He offers us daily!

WEEK 5

Sunday, August 27th

- [28] Ephesians 4:17-32 | What stands out to you as you read this passage? Is it different than what stood out to you last week?
- [29] Ephesians 4:30 | What do you think it means to grieve the Holy Spirit?
- [30] Ephesians 4:31 | Why does Paul (and Jesus) want us to release feelings of malice and bitterness?
- [31] Ephesians 4:32 | What happens when the church loves each other well and forgives each other freely?



Pray for one person to grow in Christ this week.



Pray for one person to know Christ this week.

Got a question? We'd love to be a resource! Email us at info@antiochcountryside.com