




# February

## DAILY READINGS

Welcome to our February 2024 reading plan! We will be continuing in Ephesians, digging into parenting, work and spiritual warfare. Before you read each day meditate on Ephesians 5:1-2 , pray for one person to know Christ  and pray for one person to grow in Him .

### Memorization & Meditation:

*“Therefore be imitators of God, as beloved children. And walk in love, as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God.” – Ephesians 5:1-2*

### WEEK 1

- [February 1] Ephesians 6:1-3 | How does this early understanding of trust and obedience set us up to thrive in our relationship with our Heavenly Father?
- [2] Ephesians 6:4 | Look at the end of v.4. For any of us to teach others about the Lord, we must be in the Lord ourselves. Take some time to assess your walk with Jesus - are you resting and abiding with him?
- [3] Spend some time in prayer for your family today.

### WEEK 2

#### Sunday, February 4th

- [5] Ephesians 6:5-9 | What stands out to you in this passage?
- [6] Ephesians 6:5-8 | Think about your life today. Who are your earthly masters?
- [7] Ephesians 6:5-9 | What would change about the way you work if you applied these verses to your workday and work environment?
- [8] 1 Corinthians 10:31 | What are some practical things you can do to apply this verse this week?
- [9] John 6:27 | What is the “food that endures to eternal life”? Consider your focus as you work each day - are you working with an eternal mindset or an earthly one?
- [10] Spend some time in prayer today and invite the Lord into your daily life and work. Ask Him to help you to set your eyes on Him!

### WEEK 3

#### Sunday, February 11th

- [12] Ephesians 6:5-9 | Does anything different stand out to you in this passage this week? What is it?
- [13] Colossians 3:23-24 | How can this mindset transform our thoughts and emotions as we work?
- [14] Genesis 2:15 | God established work for us. He created it to be a good thing. What has been your experience with work throughout your life?
- [15] Genesis 2:3 | Just as God modeled and established work for us, He also modeled and established rest from that work. How do you sabbath from work?
- [16] Proverbs 16:3 | When was the last time you stopped and prayed before you put a plan into action?
- [17] Spend some time in prayer today. If you are making any plans for your work and life, invite the Lord into them and ask for His guidance.

### WEEK 4

#### Sunday, February 18th

- [19] Ephesians 6:10-20 | What stands out to you as you read this passage?
- [20] Ephesians 6:10-12 | How do you see spiritual warfare playing out in our culture today?
- [21] Ephesians 6:13-14 | Why do you think truth and right living are the first weapons Paul mentions in his list of spiritual armor?
- [22] Ephesians 6:15-16 | How do these two pieces of armor serve you in your daily spiritual walk/battle? How do you experience the flaming darts of the evil one?
- [23] Ephesians 6:17-18 | How does the helmet of salvation serve us in the spiritual battle? How does prayer serve us as a spiritual weapon? How does God’s Word do the same?
- [24] Spend some time in prayer for the spiritual battle you are in. Pray through Ephesians 6:10-18 and imagine yourself putting on each piece of armor today.

### WEEK 5

#### Sunday, February 25th

- [26] Ephesians 6:10-20 | What stands out to you as you read this passage again, in light of what we’ve learned in church?
- [27] 1 Peter 5:8-9 | Why is it important for us to understand the nature of our enemy, the devil?
- [28] Ephesians 6:19-20 | Who are the people in your life boldly proclaiming the mystery of the Gospel? How can you be praying for them today?
- [29] James 4:7 | What comes to mind when you read this verse? Do you think of a specific situation or struggle? Or perhaps a victory the Lord has led you in? Reflect upon that today.
- [March 1] 1 John 4:4 | Sometimes focusing on the reality of spiritual warfare can feel discouraging. How does this verse lift your spirits?
- [2] Spend some time in prayer and ask the Lord to convict you in any area where you need to be better equipped for the spiritual battle ahead.



Pray for one person to grow in Christ this week.



Pray for one person to know Christ this week.